# MI Care Team Frequently Asked Questions and Answers:

# **MI Care Team Participant: General Questions**

# Question:

What is the MI Care Team?

### Answer:

MI Care Team is a new health home benefit for Medicaid, Healthy Michigan Plan, and MIChild enrollees. A health home is team-based health care management for arranging, coordinating, and managing your health care. By participating in the MI Care Team, you get care from a team of providers, including a care coordinator, who helps with your health and social needs. The MI Care Team supports you in managing your own care.

# Question:

What is a health home?

## Answer:

A health home is a comprehensive and intense method of care coordination. A health home integrates and coordinates an eligible individual's services and supports to treat the "whole-person." A health home is not a place to live. A health homes is also not related to home health services performed in the home. Michigan's primary care health home is referred to as MI Care Team.

## Question:

What services will MI Care Team provide?

### Answer

MI Care Team provides and coordinates services, such as:

- Developing an individual plan of care
- Treatment goals and outcomes
- Referrals to other providers and appropriate community supports
- Appointment reminders and assistance
- Medication assistance
- Health education

# Question:

How will MI Care Team help me?

# Answer:

MI Care Team's main goal is to help you improve your health. This team approach to care gives you access to more services and support that can help you reach your goals.

- MI Care Team is available at no additional cost to you.
- You are included in decisions about your health care.
- You will receive coordinated care that is tailored to your specific needs.
- You will have your own care coordinator who will:
  - o work with you to create a personal care plan based on your goals
  - o answer questions and address any issues you may have
  - o assist you with appointments
  - o connect you to community resources that can improve your life
- Participation is voluntary and does not limit your current health care coverage or appeal rights.

# Question:

Who is eligible for MI Care Team?

# Answer:

You may be eligible if you:

- 1. Have Medicaid, Healthy Michigan Plan, or MIChild.
- 2. Live in one of these counties:
  Bay, Genesee, Houghton, Huron, Iron, Kalamazoo, Kent, Lapeer, Lenawee, Macomb, Marquette,
  Menominee, Monroe, Montcalm, Montmorency, Oakland, Ontonagon, Presque Isle, Saginaw,
  Shiawassee, Wayne
- 3. Have a qualifying health condition.

# Question:

What are the qualifying health conditions?

## Answer:

An eligible individual must have been diagnosed with depression and/or anxiety plus one or more of the following conditions to qualify:

- Diabetes
- Heart Disease
- Hypertension
- Chronic Obstructive Pulmonary Disease (COPD)
- Asthma

# Question:

How does someone join MI Care Team?

### Answer:

If you are interested in learning more or joining the MI Care Team, here's how:

- If you are in a health plan, call them to check which MI Care Team location is in your health plan's provider network. Your current primary care provider may already be a MI Care Team provider. Your health plan can also help answer any questions.
- If you are not in a health plan, call one of the MI Care Team locations. Follow their instructions if you would like to join. For the most up to date location information, visit www.michigan.gov/MICareTeam or call the Beneficiary Help Line at 1-800-642-3195 or TTY 1-866-501-5656.